

Monday

Tuesday

Wednesday

Thursday

Friday

Holiday

5

Croissant w/ich
Sausage Egg
Cheese w/ hashbrown
Salad & Deli Options
Fresh Fruit & Vegetables
Assorted Milk

6

Hot Dog on a Bun
with Chips
Salad & Deli Options
Fresh Fruit & Vegetables
Assorted Milk

7

Cheese Pizza
Salad & Deli Options
Fresh Fruit & Vegetables
Assorted Milk

1

School Closed

2

Pizza
Salad & Deli Options
Fresh Fruit & Vegetables
Assorted Milk

9

Baked Chicken w/ Rice
Salad & Deli Options
Fresh Fruit & Vegetables
Assorted Milk

12

Breakfast Pizza
Salad & Deli Options
Fresh Fruit & Vegetables
Assorted Milk

13

Chicken Fajita
Salad & Deli Options
Fresh Fruit & Vegetables
Assorted Milk

14

**Pasta Salad
Bread Stick
Salad & Deli Options
Fresh Fruit & Vegetables
Assorted Milk

15

Cheeseburger & Fries
Salad & Deli Options
Fresh Fruit & Vegetables
Assorted Milk

16

Chicken Patty Sandwich
Salad & Deli Options
Fresh Fruit & Vegetables
Assorted Milk

19

Beef Tacos
Salad & Deli Options
Fresh Fruit & Vegetables
Assorted Milk

20

Early Dismissal
**Ham & Cheese Rollup
Salad & Deli Options
Fresh Fruit & Vegetables
Assorted Milk

21

Fish Sticks & Fries
Salad & Deli Options
Fresh Fruit & Vegetables
Assorted Milk

22

Pizza
Salad & Deli Options
Fresh Fruit & Vegetables
Assorted Milk

23

Chicken Nuggets & Fries
Salad & Deli Options
Fresh Fruit & Vegetables
Assorted Milk

26

Broccoli Tortellini
with Alfredo Sauce
Salad & Deli Options
Fresh Fruit & Vegetables
Assorted Milk

27

Chicken Caesar Wrap
Salad & Deli Options
Fresh Fruit & Vegetables
Assorted Milk

28

Macaroni & Cheese
Dinner Roll
Salad & Deli Options
Fresh Fruit & Vegetables
Assorted Milk

29

Breakfast for Lunch
Salad & Deli Options
Fresh Fruit & Vegetables
Assorted Milk

30

SPSD is hiring!

Check out schoolspring.com OR

Contact Shawn Perry at: perrysh@spsdme.org



Please contact the nutrition office at 767-3266 ext. 3842 with any questions.

The South Portland School Nutrition Program offers FREE school lunch meals to all enrolled participants

Additional entrée daily items to include but not limited to deli & salad options. Please contact your school for specific inquiries.

Fresh fruits & vegetables to include but not limited to apples, oranges, bananas, peaches, pears, red/orange & starchy vegetables, dark leafy greens, legumes, other sub groups

