

NOVEMBER 2020

PreK through Grade 8

Menu subject to change without notice

*Items may contain pork

This institution is an equal opportunity provider

Monday	Tuesday	Wednesday	Thursday	Friday
B – Juice, Breakfast Sandwich, Fresh Fruit L – Meatball Sub, Chips, Celery Sticks, Fresh Fruit	B - Juice, Donut, Fresh Fruits L – Tacos, Baby Carrots, Bean Salad, Fresh Fruit	B - Juice, Cold Cereal, Fresh Fruit L – Soft Pretzel Bento Box with Cheese Sauce, Cucumbers, Fresh Fruit	B – Juice, Banana Bread, Fresh Fruit L – Egg McSouth Portland* Potato Puffs, Applesauce	B – Juice, Cold Cereal, Fresh Fruit L – Cheese Quesadillas, Vegetable Sticks, Fresh Fruit
B - Juice, Cold Cereal, Fresh Fruit L – Chicken Leg, Potato Wedges, Baby Carrots, Fresh Fruit	B – Juice, Breakfast Pizza, Fresh Fruit L – Pancakes, Blueberries and Sausage, Celery Sticks, Fresh Fruit	Holiday No School	B – Juice, Bagel & Cream Cheese, Fresh Fruit L - Chicken Caesar Salad, Dinner Roll, Local Apples	B – Juice, Warm Muffin, Fresh Fruit L – Chicken Stir Fry, Dinner roll, Cucumbers, Fresh Fruit
B - Juice, Warm Muffin, Fresh Fruit L – Cheese Pizza, Celery Sticks, Fresh Fruit	B – Juice, Bento Box with Hard Boiled Egg, Petite Cinnamon Bun L – Turkey Italian, chips Vegetable Sticks, Fresh Fruit	B – Juice, Breakfast Bar, Fresh Fruit L – Ravioli and a Dinner Roll, Tossed Salad, Fresh Fruit	B – Juice, Breakfast Sandwich, Fresh Fruit L – Bagel an Yogurt, Vegetable Sticks with Dip, Fresh Fruit	B – Juice, Cold Cereal, Fresh Fruit L – Chicken Fajitas, Potato Puffs, Vegetable Sticks, Fresh Fruit
B – Juice, Donut, Banana L – Build your own pizza bento box, Celery Sticks, Orange	B – Juice, Cold Cereal, Fresh Fruit L – Tomato Soup and Grill Cheese Sandwich, Veggie Sticks, and Fresh Fruit	No School	Happy Thanksgiving	No School
B – Juice, Cold Cereal, Fresh Fruit L: - Baked Beans, Hot Dog in Roll, Baby Carrots, Fresh Fruit				



Milk is served with both Breakfast and Lunch
 A choice of Sun Butter and Jelly Sandwich will be offered every day.
 Please contact the Nutrition Office at 767 – 3266 ext. 3842 with any questions or allergy information