

# South Portland Athletics-- Directions to Events

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## List of Schools and Sites

### **AUBURN MIDDLE SCHOOL**

*Court Street, Auburn*

Take Maine Turnpike to exit 12. Turn left off the ramp. Drive about 4 miles and bear left onto Minot Avenue at Roy's All-Steak Hamburger Restaurant just before the first set of lights. Take the fourth right onto Fairview Avenue and continue to Court Street. Take a right onto Court Street. Take the first left to Auburn Middle School.

### **BANGOR HIGH SCHOOL**

*885 Broadway (941-6200)*

Take the Maine Turnpike north to Bangor. Take exit 47, Broadway. Turn right at the traffic light at the end of the exit ramp onto Broadway. Continue on Broadway past the shopping centers. The high school is on the right.

### **BATES COLLEGE**

*Lewiston (786-6255)*

Take the Maine Turnpike to exit 12, Auburn. At the end of the exit ramp, turn left onto Rt. 4. Proceed 4.9 miles to the third traffic light. At the traffic light turn right onto Court St. Stay on Court St. across the Androscoggin River into Lewiston. You will be on Main St. Continue past Central Maine Medical Center (on left). Continue through traffic light, turn right onto Frye St. Stay on Frye St. to the end, and turn right onto College Ave. At the next intersection turn right, the college is on your left. At the next intersection turn left, the athletic fields are on either side of the street.

### **BIDDEFORD - Waterhouse & St. Louis**

*Biddeford*

Take Maine Turnpike to Exit 4. Turn left onto Rt. 111. At the second set of lights take a right (almost straight across intersection) onto West St., Burger King is on the left, cemetery on the right. The field is about ½ mile on the left.

### **BIDDEFORD - Mayfield**

*Biddeford*

From the Maine Turnpike take exit 4, turn left onto RT 111. Proceed one mile, turn left on May St. Mayfield is located on your left 2/10 of a mile down May St.

### **BIDDEFORD HIGH SCHOOL**

*25 Maplewood Ave. (282-1596)*

From Maine turnpike take exit 4, turn left onto Rt. 111. Proceed 1 miles, turn left on May St. At the end of May St., turn left onto South St., at 3/10ths of a miles turn right onto Maplewood Ave. The school is on the left. Football & Soccer held at Waterhouse Field Ice Hockey held at Biddeford Ice Arena Cross Country is held at Brother Richard Field (high School) Tennis is played on May St. (see above) Golf is played at Dutch Elm Golf Course

### **BIDDEFORD ICE ARENA**

*Biddeford*

Take Maine Turnpike to exit 4. Turn left onto Rt. 111. Proceed ½ mile. Turn left at Alfred Road Business Park. Ice Arena is 5th driveway on the right.

### **BONNY EAGLE -Tory Hill**

From Portland, proceed on Route 25 to Gorham. Travel through Gorham Village. At the intersection where 202 branches off towards Sanford, take a left on Route 202 (Narragansett Street). Proceed on Route 202 to Buxton. At the intersection of Route 112 and Route 202, there is a convenience store on the right. Vehicles should park in the lot adjacent to the store. The field is located over and embankment next to this lot.

### **BONNY EAGLE HIGH SCHOOL**

*700 Saco Rd., Standish (642-2480)*

From Portland: Take Congress St. past UNUM (Rt. 22) continue to Standish. At a stop sign by a white church Rt. 22 takes a sharp right turn. The high school is at the intersection of Rt. 22 and Rt. 35 (runs

from Kennebunk to North Windham). Ice Hockey is played at Portland Ice Arena Golf is played at Salmon Falls Country Club Indoor Track at Portland Expo

### **BOWDOIN COLLEGE**

*Brunswick (725-3000)*

Take Rt. 295 to Rt. 95 to exit 22 (Coastal Rt. 1). Continue straight into downtown Brunswick (stay in the right-hand lane). Turn right onto Maine Street. The town green will be on your left. At the large white church bear to the left. The campus is on your right. At the traffic light turn right on Harpswell St. Dayton Arena (hockey) is ahead on your right. The Field House is on the left past the ice arena.

### **BREWER HIGH SCHOOL**

*79 Parkway South (989-4140)*

Take Maine Turnpike north to Bangor. Take the Rt. 395 exit east toward Brewer/Bar Harbor. Follow Rt. 395 across the Penobscot River bridge. Take the Parkway South exit. Turn right at the end of the ramp onto Parkway South. The High School is on the left.

### **BRUNSWICK HIGH SCHOOL**

*Maquoit Rd. (729-3181)*

Take I-95 (Rt. 295 from Portland) to exit 22 (Coastal Rt. 1) follow to Maine St. Turn right on Maine St. Go past Bowdoin College and Parkview Hospital. Bear right onto Maquoit Rd. High school is on your right just past the mobile home park. Ice Hockey is played at Dayton Arena (Bowdoin College) Cremmins Field: Brunswick exit Interstate. Pass car dealership. Right at Dunkin Donuts. First left at McKean Street. 1/2 mile first right Bearibeau Street.

### **CAPE ELIZABETH HIGH SCHOOL**

*345 Ocean House Rd. (799-3309)*

From Portland: cross the new Casco Bay Bridge onto Broadway (Straight at end of bridge) Stay in right-hand lane, at Pizza Joint, turn right onto Rt. 77. Stay on Rt. 77 through 3 traffic lights. At the center of Cape Elizabeth continue past the Pond Cove Shopping Center (IGA). The High School is the next right turn. Ice Hockey is played at Portland Ice Arena

## **CATHERINE McAULEY HIGH SCHOOL**

*Stevens Ave., Portland (797-3802)*

From South: Take Maine Turnpike North to exit 6A (Rt. 295, Portland). Take 295 North to exit 6B (Forest Ave./West on Rt. 302) At the seventh traffic light, turn left onto Walton St. At the end of Walton St., the high school will be on the left. From North: Take Maine Turnpike south to exit 10 (Portland North) Turn right at end of exit onto Auburn St. (Rt. 100). Continue on Auburn St. and merge with Washington Ave. Turn Rt. onto Ocean Ave. (Cumberland Farms on left, Angeloni's Pizza on Far right). Continue on Ocean Ave., past Cheverus, to Penny Wise Market. Turn right onto Walton St., Rt. 9 West. Continue through 1 traffic light. The high school is on the left.

## **CENTRAL MAINE CIVIC CENTER**

*Lewiston*

Take the Maine Turnpike North to exit 13, Lewiston. At end of exit proceed toward downtown Lewiston. Go right onto Lisbon St. Follow Lisbon St. to the 4th traffic light. Turn right onto East Ave. Continue past the YWCA and tennis courts. At light turn left on Webster St. Take the next left turn, Sylvan Ave. and bear around to the right. Turn left onto Birch St.. The Civic Center is on your right.

## **CHEVERUS HIGH SCHOOL**

*Ocean Ave., Portland (774-6238)*

### **From South:**

Take Maine Turnpike North to exit 6A (I 295, Portland)

Take I 295 North to exit 6B (Forest Ave. West/Rt. 302)

Proceed through 6 traffic lights.

Take a right turn onto Ocean Ave. after the 6th traffic light (Kentucky Fried Chicken on the right).

Continue on Ocean Ave. The high school is on the right.

### **From North:**

Take the Maine Turnpike South to Exit 10 (Portland North)

Turn right at end of exit onto Auburn St. (Rt. 100), MERGE ONTO Washington Ave.

Turn right on Ocean Ave. (Rt. 9), Cumberland Farms is on the left.

Continue on Ocean Ave. The high school is on the left.

All levels of football, soccer, baseball, lacrosse and track competitions are played on campus ( Shea Athletic Complex).

Basketball is played at McAuley High School

Hockey is played at Portland Ice Arena  
Tennis is played at our new athletic complex on Washington Avenue.  
Swimming is at the Portland YMCA  
Golf is played at Portland Country Club

### **CONY HIGH SCHOOL**

*120 Cony St., Augusta (626-2460)*

Take I 953 to Exit 30 in Augusta. Follow Rt. 202 east. Go around the rotary and continue on Rt. 202 east. Across the bridge come to another rotary. High school is straight ahead across the rotary.

### **DAYTON ARENA**

*Bowdoin College Campus, Brunswick Please see directions to Bowdoin.*

### **DEERING HIGH SCHOOL**

*370 Stevens Ave., Portland (874-8164)*

From Portland23: Take Brighton Ave. past the medical center, at the intersection with Stevens Ave., turn right. The High School is ahead on the left. Playing fields are at the rear of the high school. From Westbrook: Rt. 25 through Westbrook, past Valle's Steak House & Pine Tree Shopping Center. Turn left onto Columbia, you will arrive at the playing fields behind the high school. Ice Hockey is played at Portland Ice Arena Football is played at Memorial Field

### **DEERING OAKS - Quinn Field**

*Portland*

From I-295 take exit 5A Congress Street to the 1st light and turn left onto St. John St. Pass McDonalds, turn right onto Park Ave. At the 1st light turn left onto Deering Ave. Take 1st right into park just before the overpass. Field is on the left just as you enter the park.

### **DUTCH ELM GOLF COURSE**

Take the Maine Turnpike to exit 4. Turn right onto Rt. 111. At 1.6 mile, turn left after the Sunoco station. Proceed 1.1 mile, turn right. The course is ¼ mile on the left.

### **EDWARD LITTLE - Lakeview Fields**

### *Lakeview Fields*

Turn left from Exit 12 off the turnpike. Drive approximately 4 miles and bear left onto Minot Avenue at Roy's All Steak Hamburger Restaurant just before the first set of traffic lights. Take the first right onto Western Avenue and go to its end. Turn left onto Court Street. Take first right onto Park Avenue. Go to the end of Park Avenue (second stop sign, directly across from Berry Farm). Turn right onto Mt. Auburn Avenue. Take the first left onto Gracelawn Road. Field is ahead 1/4 mile on right.

### **EDWARD LITTLE - Tribou Field**

#### *Pettengill Road*

Take Maine Turnpike to exit 12. Turn left at the end of the ramp. Stay on Route 4, which becomes Center Street, for a few miles. pass Auburn Mall on left and new car dealerships on right. Approx. 1 mile further, bear right onto Martin Street just beyond Rainbow Bicycles. Cross small bridge and bear left onto Pettengill Road; field is just beyond the school.

### **EDWARD LITTLE HIGH SCHOOL**

#### *Auburn Heights, Auburn (783-8528)*

Take Maine turnpike north to exit 12, Auburn. Turn left at the end of the exit ramp onto Rt. 4. Follow Rt. 4 4.9 miles to the third traffic light. Turn left onto Court St. Go up a steep hill bearing left at a fork in the road. At the top of the hill, turn left onto either Forest St. (first), Fairmont St., (second), or Harris St. (third). The High School is at the end of each of these streets. Football is played at Walton Field. Ice Hockey is played at Pettingill Arena Golf at Martindale Country Club

### **FALMOUTH HIGH SCHOOL**

#### *52 Woodville Rd. (781-7429)*

Take Rt. 295 north to exit 10, Bucknam Rd. At end of exit turn right onto Bucknam Rd. At the traffic light bear left onto the Falmouth Rd. (a sharp left would put you on Rt. 9) Proceed to the intersection of Woodville Rd. Turn right onto Woodville Rd. The high school is on the left. -OR- Take the Maine turnpike to exit 10, Portland North. At exit turn left onto Rt. 100 (Gray Rd.) Proceed to the intersection of Leighton Rd. Turn right onto the Leighton Rd. At the intersection of Falmouth Rd. turn right. At the intersection with Woodville Rd., turn left. The high school is on the left.

### **GORHAM HIGH SCHOOL**

#### *41 Morrill Ave. (839-5004)*

Follow Rt. 22 past UNUM to Rt. 114. Turn right onto Rt. 114 toward Gorham turn left onto Morrill Ave. (before you reach Gorham Center). The high school is on the right. -OR- Take Brighton Ave. west/north through Portland to the Westbrook Bypass (left turn at Rowe Ford).

Follow Westbrook Bypass to intersection with Rt. 25 into Gorham Village (Main Street). In the center of the village, at traffic light, turn left onto South St. (Rt. 114). Turn right onto Morrill Ave. The high school is on the right. The fields are behind the school.

### **GRAY-NEW GLOUCESTER HIGH SCHOOL**

*10 Libby Hill Rd., Gray (657-3323)*

Take the Maine turnpike north to exit 11, Gray. At the end of the exit ramp turn right. Turn left at the first traffic light onto Rt. 110/Rt. 26. Turn left at the next traffic light (immediately after turning onto Rt. 110/26) onto Rt. 26 north. Proceed on Rt. 26. Turn left on Libby Hill Rd. The high school is on the right.

### **GREELY HIGH SCHOOL**

*Cumberland*

Take RT 9 towards Cumberland center. (4 1/2 miles from Bucknam Rd to light) Continue on RT 9 through Cumberland Center. Greely High will be on the right.

### **HEBRON ACADEMY**

*Hebron (966-2100)*

Take the Maine turnpike north to exit 11 in Gray. Turn right at the end of the exit ramp. Turn left at the first traffic light onto Rt. 110/26. Turn left at the next traffic light onto Rt. 26 north. Proceed on Rt. 26 north. 14.5 miles from Gray turn right onto Rt. 11. In Mechanic Falls turn right onto Rt. 124 (a quick right after the traffic light). Follow Rt. 124 to West Minot. In West Minot turn left onto Rt. 119 at the country store. Hebron Academy is approximately three miles from the intersection with Rt. 119. The ice hockey rink is on the left. Playing fields are after the ice hockey rink.

### **HYDE SCHOOL**

*616 High St., Bath (443-5584)*

Take Rt. 295 north to Brunswick exit. The exit will take you onto Rt. 1 north. Follow the signs to Bath. Take exit 22 off Rt. 1. Turn right at the end of the exit ramp. School is .5 miles on the right.

## **JOHN BAPST MEMORIAL HIGH SCHOOL**

*100 Broadway, Bangor (947-0313)*

Take the Maine Turnpike to Bangor. Take exit 48 (Broadway) toward downtown Bangor. The high school is just ahead.

## **KENNEBEC ICE ARENA - KIA - AUGUSTA**

95 N from Portland to Gardner merge onto Maine Turnpike (toll) proceed to Augusta. Take Western Ave. Exit towards Winthrop. Go right about 1/4 mile take a left onto Whitten Rd between Hannaford Brothers Super Store and the Mall. Proceed on Whitten Rd for about 1.5 mile - arena is on the right.

## **KENNEBUNK HIGH (CROSS COUNTRY MEETS)**

Take Maine Turnpike south to Exit 3, left at exit stop sign, at the next stop sign approximately 500 yds go straight across into the Coastar (industrial building) driveway, continue all the way around the back of the building to the race site.

## **KENNEBUNK HIGH SCHOOL**

*88 Fletcher Street 985-1115*

From the North: Maine Turnpike to exit 3 - Kennebunk exit. Go through toll and turn left at the stop sign. At the 2nd stop sign, turn left (toward Kennebunk). You will go over the turnpike. Go approximately 1 mile and Kennebunk High School is on your left. Parking lot behind the school. From the South: Maine Turnpike to exit 3 - Kennebunk exit. Go through toll and turn left at the stop sign. Kennebunk High School in approximately 3/4 mile on your left. Parking lot behind the school.

## **LAKE REGION HIGH SCHOOL**

*Rt. 302, Bridgeton (693-6221)*

Take Forest Ave. (Rt. 302) north from Portland. Follow Rt. 302 through Windham and Naples. The high school is before Bridgeton on the right.

## **LEWISTON HIGH - Marcott & Upper Franklin Fields**

Get off Exit 13 take left. Go straight until first set of lights and go left

onto Pleasant Street. Continue to next set of lights (will go through 2 stop signs) and continue straight through (Pleasant Street turns into Bartlett Street). At first stop sign take right onto Birch Street. CMCC will be on left take the first right and Marcott Park and Upper Frankling Field are right there.

### **LEWISTON HIGH SCHOOL**

*156 East Ave. (795-4190)*

Take the Maine Turnpike north to exit 13, Lewiston. At end of exit proceed to downtown Lewiston. Go right onto Lisbon street, at end of exit ramp. Follow Lisbon Street. At the 4th traffic light, turn right onto East Ave. The high school is on the left after the first traffic light. Ice hockey is played at the Central Maine Civic Center Swim meets are held at the Lewiston YWCA (front of high school)

### **MARSHWOOD HIGH SCHOOL**

*South Berwick 384-4500*

From the North - Turnpike South to Exit 2 (Wells). Take a right onto 109. About one mile down, turn left onto 9. Take 9 into Berwick. You will come to light at "T" - turn left onto 4 South. Take 4 South into South Berwick to "T" in center of town (stop sign). 4 continues to the left. Immediately after the Dunkin Donuts, turn left onto Route 236. School will be on the RIGHT about 5 miles.

### **MARTINDALE COUNTRY CLUB**

*Auburn*

Maine Turnpike to exit 12. Take left turn at end of exit onto Rt. 4. Take the second left onto Beech Hill Rd. Follow to Martindale.

### **MASSABESIC - Lions Club Field**

On Rte. 202 approximately 2 - 2 1/2 miles past Hannafords on the right - just behind Lions Club Medical Center

### **MASSABESIC HIGH SCHOOL**

*West Rd., Waterboro (247-3141)*

Take the Maine turnpike south to exit 4, Biddeford. At the end of the exit ramp turn right onto Rt. 111. Follow Rt. 111 approximately 10 miles to Alfred. In Alfred. Turn right at the traffic light onto Rt. 202. Follow Rt. 202 approximately 4 miles to the center of Waterboro. At

the traffic light turn left. The high school is on the left. Ice Hockey at Biddeford Ice Arena Swimming at Sanford YMCA Golf is played at Dutch Elm Golf Course

### **MORSE HIGH SCHOOL**

*826 High St., Bath (443-8250)*

Take Rt. 295 north to exit 22, Brunswick. The exit will take you onto Rt. 1 north. Follow Rt. 1 to Bath. Take the first Bath exit, Congress St. Turn right at the end of the exit ramp. Immediately turn right again onto Congress St. The athletic fields are 1.25 miles on the left.

### **NOBLE HIGH SCHOOL**

*388 Somerworth Road, N. Berwick 03906 (676-2674)*

Take the Maine Turnpike South to exit 2 (Wells/Sanford). Turn right onto Rt. 109. Go about 1 mile and turn left onto Rt. 9 for about 6 miles to traffic light. Turn left at traffic light (still Rt 9) and follow for about 1/2 mile (N.Berwick). At flashing light turn right (still Rt 9) and go 1.8 miles. NEW school will be on your right off of Rt. 9. You cannot see the new school from the road.

### **NORTH YARMOUTH ACADEMY**

*123 Main St., Yarmouth (846-9051)*

Take Rt. 295 north to the Yarmouth exit to Rt. 1. Proceed on Rt. 1 north to the Main Street/Rt. 115 exit. At the end of the exit ramp turn left onto Main Street. The campus is on the right. Ice Hockey is played at NYA Ice Arena

### **NYA ICE ARENA - Roy Arena**

*Rt. 1, Yarmouth*

Rt. 295 north to the Rt. 1 Yarmouth exit. Turn right off exit towards Yarmouth. At the traffic light, continue straight past the Mobil station. Pass the Lock, Stock & Bagel, the turn for the ice arena is on the right. The building is set back from the road, just before the driveway.

### **OLD ORCHARD BEACH HIGH SCHOOL**

*200 T-For-Turn Rd. (934-4461)*

Take the Maine Turnpike south to Exit5, Saco. After the exit go straight through the intersection and proceed for approximately 2 miles. Bear left at a small rotary (7-11 will be on the right) and continue for about 1 mile. At the traffic light bear left onto T-Fortun Rd. High school is on the right a short distance beyond Maine Guides sign.

## **ORTHOPEDIC ASSOCIATES OF PORTLAND**

*33 Sewall St.*

Park Ave. to merge with Outer Congress St. continue past the new DoubleTree Suites Hotel. At The Paint Pot turn left onto Sewall St.

Building is on the right. Or Rt. 22 (Outer Congress St.) towards Portland. After Westgate Shopping Center, take a right onto Sewall St. Building is on the right.

## **OXFORD HILLS HIGH SCHOOL**

*250 Main St., South Paris (743-5342)*

Take exit 11 from the Maine Turnpike. Turn right at the traffic light. Turn north onto Rt. 26 for approximately 25 miles. Pass a WallMart, a set of lights and a Shop & Save. You will enter the Town of Norway. After approximately 1 mile, the road forks, bear to the right. Continue on Rt. 26 north. The high school will be on the right.

## **PETTENGILL PARK**

*Auburn Hights*

Take the Maine Turnpike to exit 12. Turn left at the end of the ramp.

Drive approx. 4 1/2 miles to Hampshire Street at the fourth set of lights. Turn left. Hampshire Street Merges onto Gamage Avenue after 1/4 mile. Stay on Gamage Avenue and take second right onto Wilson Street. Turn left onto Field Avenue, take first right down to Pettengill Park.

## **PETTINGILL ARENA**

*Pettingill Park, Auburn*

Take the Maine Turnpike to exit 12. Turn left at the end of exit onto Rt. 4. Drive approximately 4 ½ to fourth set of traffic lights. Turn left onto Hampshire St. and continue approximately ¼ mile to Gamage

Ave.; at the merge bear right. Stay on Gamage Ave. and take the second right onto Wilson St. Follow the road down and to the left, then take your first right.

## **PORTLAND - Doherty Field**

*Douglass St.*

From I-295 take Exit 5A (Congress St. East. Follow Congress St. to 1st light and turn left onto St. John Street. Turn left at the light just past McDonalds. Just beyond the underpass turn right onto Douglass St. Field is on the right.

## **PORTLAND - Fitzpatrick Stadium**

*Portland*

From I-295 take exit 5A Congress Street to the 1st light and turn left onto St. John St. Pass McDonalds, turn right onto Park Ave. At the 1st light turn left onto Deering Ave. Take 1st left, opposite Deering Oaks Park.

## **PORTLAND - Fox Street Field**

*Fox St., Portland*

From I-295 take exit 7 (Franklin St.) Off exit go through the traffic light onto Franklin Street. At next light turn left onto Fox Street. Field is on the right.

## **PORTLAND - Preble Street Field**

*Preble Street, Portland*

From I-295 take exit(Franklin St.) Turn right at 1st light off ramp onto Marginal Way. At next light turn right onto Preble St. Field is on right just beyond underpass.

## **PORTLAND COUNTRY CLUB**

*Rt. 88, Falmouth*

From Portland: Take Rt. 295 to exit 9 (Rt. 1, Falmouth). Continue straight off the exit, past the Martin's Point Health Center. At the intersection with Rt. 88, bear right. The entrance to the country club is on the right. From the north: Take Rt. 95 to exit 10 (Bucknam Rd). At the end of the exit ramp turn left. At the intersection with Rt. 1, turn right. Continue on Rt. 1, through the business district. At the intersection with Rt. 88, turn left. The country club is on your right

## **PORTLAND EXPO**

*Portland*

Portland Expo is located on Park Ave. directly alongside Hadlock Field, home of the Portland Sea Dogs baseball team.

## **PORTLAND HIGH SCHOOL**

*284 Cumberland Ave. (874-8250)*

Take State St. in Portland to intersection with Cumberland Ave. Turn right onto Cumberland Ave. The High School is on the left. -OR- Take Forest Ave. East exit from Rt. 295. Stay to right and go through Deering Oaks Park. At traffic light continue straight up the hill. Turn

left onto Cumberland Ave. High school is on the right. Swim meets are held at the Portland Boys Club (across from high school on Cumberland Ave.) Ice hockey is played at the Portland Ice Arena Football is played at Fitzpatrick Stadium Baseball is played at Hadlock Field (See Portland Sports Complex)

### **PORTLAND ICE ARENA**

*225 Park Avenue 774-8553*

From South - Me. Tpk. Take Exit 6A - take I 295 North to Exit 4. Follow Route 1 approximately 2 miles to PIA on left. After Sea Dogs basketball stadium. From North - Me. Tpk. Take Exit 7 - Take I 295 North to Exit 4. Follow Route 1 approximately 2 miles to PIA on left. After Sea Dogs baseball stadium. OR from North I 295 take Exit 5B (Congress St. East). Turn right onto Congress St. and stay left. Turn left at first set of lights (St. John St.), stay right and merge onto Park Ave. PIA is 4th building on left.

### **PORTLAND SPORTS COMPLEX**

*Park Ave.*

From Rt. 295 Exit at Congress St./Rt. 22 East. Stay in left lane to first traffic light. Turn left at the light onto St. John St. At next traffic light turn right. Hadlock Field is on your left. The Expo Building is next on the left. The Ice Arena is just after the Expo. Fitzpatrick Stadium is behind the Ice Arena. From the Maine Turnpike Take exit 8, at end of exit turn left. Continue to Brighton Ave. Turn left onto Brighton Ave. Go Past Pine Tree Shopping Center continue approximately 3 miles. At the intersection immediately after railroad tracks turn right onto St. John St. to first traffic light. Turn left onto Park St. and follow instructions above.

### **PORTLAND YMCA**

*70 Forest Ave. (874-1111)*

Exit Rt. 295 at the Forest Ave. east exit. Continue straight into the city of Portland. After the second traffic light, as you go up the hill, the YMCA is on the right.

### **RIVERSIDE GOLF COURSE**

*Riverside St.*

Take Maine turnpike to Exit 8. After toll booth, turn right onto Riverside St. Go through 2 traffic lights. Golf course is on left about 1 mile from 2nd light.

### **RIVERTON POOL**

### *Forest Avenue*

I-95 take Exit 8 (Westbrook) Take right after toll onto Riverside Drive. At lights take right onto Warren Avenue. At the end of Warren Avenue take left onto Forest Avenue. Approximately 1/4 miles on left is Moran's Market. After Moran's there will be a sign on left for Riverton School just before the Firehouse. Take that left and the school is on the left.

### **SABLE OAKS**

#### *Marriott Hotel, South Portland*

Take the Maine Turnpike to exit 7 in South Portland. Keep right after the toll booth. At the intersection with Maine Mall Rd. take a right. Stay on Maine Mall Rd. At the intersection after mall, (Toys R Us is on the left, Pizzeria UNO is on the right), turn left. Go over the bridge and take your first right.

### **SAINT JOSEPH'S COLLEGE**

#### *278 Whites Bridge Road, Standish (800-343-5498)*

Take the Maine Turnpike to Exit 8 and bear right onto Riverside Drive. At the third light, turn left onto Rte. 302. Continue on Rte. 302 to North Windham (about 10 miles). At the intersection of Rtes. 115 and 35 on Rte. 302 in North Windham, take a left onto Rte. 35 and go 2.3 miles. Turn right onto Whites Bridge Road. The College is 1.3 miles on the left.

### **SANFORD - Goodall Park**

#### *Sanford*

Maine Turn pike to exit 4, take a right onto Rt. 111 toward Alfred. Continue to Sanford. At the intersection with Rt. 109 & Rt. 202, turn left at the light. Continue to Dunkin Donuts. Take a right on the road before the Dunkin Donuts. The baseball park is at the bottom of the hill.

### **SANFORD - Shaws Ridge Field**

Take exit 4 and go right off exit. This will put you on Route 111.

Follow Route 111 to the intersection of Route 202 and Route 111, there will be a traffic light there. Continue straight through the light on Route 111. Travel approximately two miles to the next light. There will be a John Deere Equipment Dealer on your right, take the right onto Shaws Ridge Road, Route 224 the Soccer complex will be on your left about one mile.

### **SANFORD HIGH SCHOOL**

*2 Main St. (324-8080)*

Take the Maine turnpike south to exit 4, Biddeford. At the end of the exit, turn right onto Rt. 111. Proceed approximately 14 miles to the center of Sanford. At the intersection with Rt. 109 (after crossing a small river) turn right onto Rt. 109, for approximately 1.5 miles. The high school is on the right. Baseball is played at Goodall Field Soccer & football & Cross Country on the field behind the Jr. High Golf is at the Sanford Country Club (Stay on Rt. 4 across Rt. 109 Country Club is on the left)

### **SCARBOROUGH HIGH SCHOOL**

*Gorham Rd. (883-7636)*

From Rt. 295, take Rt. 1 south to Scarborough. Go through the traffic light (at the intersection of Rt. 1 and Gorham Road) proceed to Scarborough Town hall (will be on your right) turn right into the Scarborough High School Complex. The high school is on the left. Hockey games are played at Portland Ice Arena Golf matches are held at Willowdale

### **SOUTH PORTLAND - Wainwright Field Complex**

From the front of South Portland High School head south on Highland Avenue toward Scarborough about 1 1/2 miles down on the right enter the field via Gary Maietta Drive. It is a new street right across from Tamarack Lane.

### **SOUTH PORTLAND HIGH SCHOOL**

*637 Highland Ave. (767-7705)*

From Portland cross the new Casco Bay Bridge. At end of bridge turn right on Broadway. Stay on Broadway through two traffic lights. At third light (Amato's is on the corner) turn left. High School is on the left. -OR- From the south take Rt. 1 to Broadway (Dairy Queen is on the left). Turn right on Broadway. Proceed as above to the Amato's

and turn right. Ice Hockey is played at Portland Ice Arena Golf is played at Sable Oaks

### **SOUTHERN MAINE COMMUNITY COLLEGE (SMCC)**

*South Portland, ME*

From Maine turnpike, exit 7 left onto Main St. Bear right onto Broadway at third set of lights. Stay on Broadway to the very end (approximately 3.5 miles). Take a right turn onto Pickett St. The campus is approximately 200 yards. -OR- From Portland take the new Casco Bay Bridge to South Portland. At end of bridge stay straight onto Broadway. Follow as above.

### **THORNTON ACADEMY**

*438 Main St., Saco (282-3361)*

Take Rt. 1 south to Saco. Thornton Academy is on the right. OR Take the Maine Turnpike to exit 5. Take a right turn off exit to Rt. 1. Stay south on Rt. 1, The school is on the right. Ice hockey is played at Biddeford Ice Arena Golf is played at Saco & Biddeford Country Club

### **UNIVERSITY OF MAINE**

*ORONO (581-1110)*

Take the Maine turnpike north to Bangor. Continue through Bangor to the Old Town/Orono exit. Turn right at the end of the exit ramp onto Stillwater Ave. Turn right at the first traffic light (Burger King is on the corner) onto College Ave. Take the first left onto the campus for Alford Arena, Mahaney Diamond, Football Stadium, and Memorial Gym.

### **UNIVERSITY OF SOUTHERN MAINE**

*Gorham Campus (780-4141) (Athletic Dept. 780-5430)*

Take Brighton Ave. west/north to the Westbrook Bypass, turn left (Rowe Ford will be on your right). Follow the Westbrook Bypass to the intersection with Rt. 25 into Gorham Village (Main St.). In the center of the village continue straight through the traffic light. Turn right onto Maple St. The college is ahead on the left. The new field house and hockey arena are a part of the former gym. As you turn onto College Ave they are straight ahead.

### **WATERVILLE HIGH SCHOOL**

*1 Brooklyn Ave. (873-2751)*

Take the Maine Turnpike to exit 33. Turn right on Kennedy Drive. At

the third set of lights by the hospital, turn left on Rangeway Drive, stay on until it ends (go over bridge) then take a right onto Messalonskee Ave. High school is ¼ mile on the right.

### **WAYNFLETE SCHOOL**

*360 Spring St., Portland (774-5721)*

The school is on Spring Street. The Athletic fields are on Osgood St. Take the Forest Ave. East exit from 295. Stay to the right and proceed through Deering Oaks Park. At the traffic light turn right onto Park Ave. Follow Park Ave. until it's merger with Outer Congress St. (after the Denny's Restaurant). Follow Outer Congress St. past the Westgate Shopping Center on the left. After crossing the railroad tracks, turn left onto Hobart St. Turn right at the second intersection onto Osgood St. The fields are at the end of Osgood St.

### **WELLS HIGH SCHOOL**

*(646-7011)*

Take the Maine turnpike south to exit 2. Wells/Sanford. Take a left after the toll booth onto Rt. 109. Proceed on Rt. 109 for approximately two miles. The entrance to the high school is on the right.

### **WESTBROOK COLLEGE**

*Stevens Ave., Portland (University of New England, Westbrook Campus)*

From South: Take the Maine Turnpike North to exit 6a (Rt. 295, Portland). Take Rt. 294 North to exit 6B (Forest Ave., West on Rt. 302). At the 7th traffic light turn left onto Walton Street. At the end of Walton Street, turn right. Westbrook College is on your left. From North: Take the Maine Turnpike south to exit 10 (Portland North). Turn right at the end of the exit onto Auburn St. (Rt. 100). Continue on Auburn St. and merge with Washington Ave. Turn right onto Ocean Ave. (Cumberland Farms on right, Angeloni's Pizza on far right). Continue on Ocean Ave. , past Cheverus, to Penny Wise Market, turn right onto Walton St. (Rt. 9, West). Continue through first traffic light to Stevens Ave. Turn right, the college is on the left.

### **WESTBROOK HIGH SCHOOL**

*125 Stroudwater St. (854-0810)*

Take Brighton Ave. north to Westbrook. At the intersection with Larabee Rd. (Rowe Ford is on the right), turn left onto Larabee Rd. Proceed onto Westbrook Bypass. At the first traffic light turn left. At the first intersection turn left onto Stroudwater St. The high school is on the right.

## **WILLOWDALE**

*Scarborough*

Follow Rt. 1 south from Oak Hill intersection in Scarborough. At third traffic light turn left onto Willowdale Rd. Golf course is at the end of the street.

## **WINDHAM HIGH SCHOOL**

*406 Gray Rd. (892-1810)*

Take Forest Ave. (Rt. 302) north to Windham. At the rotary in North Windham (immediately following Hancock Lumber), take Rt. 202 West toward Gorham. The high school is 1 mile on the right. There is a lot of construction going on at the school so watch the signs.

## **YARMOUTH HIGH SCHOOL**

*80 West Elm St. (846-5535)*

Take Rt. 295 north to the Yarmouth/Cumberland exit. At end of exit ramp turn right. At the traffic light turn left (acute angle) onto Portland St. Pass under the power lines, and take the next right (acute angle). High school is approximately .6 mile on the right. -OR- From Rt. 1 south take the Main St. Yarmouth exit. Turn right onto Main St. Continue through the town and turn left onto West Elm St. the high school is on the left.

## **YORK HIGH SCHOOL**

*286 Long Sands Rd. (363-3621)*

Take the Maine Turnpike south to the York exit. At the end of the exit ramp turn left. At the intersection (traffic light) with Rt. 1, turn left onto Rt. 1 north. Approximately 1 mile, turn right onto the Old Post Rd. Proceed for approximately 1 mile. At a big bend in the road, turn left onto Ridge Rd. Take the first right onto Webber Rd. The high school is on the right.